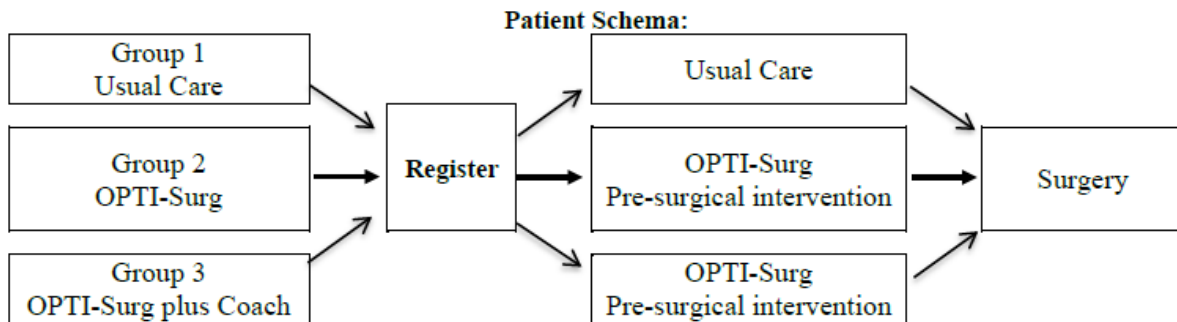


Fast Facts

A231601CD - IMPROVING SURGICAL CARE AND OUTCOMES IN OLDER CANCER PATIENTS THROUGH IMPLEMENTATION OF AN EFFICIENT PRE-SURGICAL TOOLKIT (OPTI-SURG)



Eligibility Criteria

1. Eligible patients must have known or suspected cancer diagnosis and have one of the following cancer-directed operations planned:
 - Gastrectomy
 - Colectomy
 - Proctectomy
 - Esophagectomy
 - Pancreatectomy
 - Hepatectomy
 - Total cystectomy
 - Partial or Total Nephrectomy
 - Lung lobectomy/pneumonectomy
2. Age \geq 70 years
3. Patients with known metastatic disease with a plan for curative intent resection are eligible (e.g. curative liver resection for metastatic colorectal cancer).
4. Patients with double primaries undergoing planned curative operation for both are eligible (e.g. synchronous colon cancers undergoing colectomy to treat both).
5. Patients undergoing emergent surgery are not eligible.
6. Patients under active treatment such as chemotherapy, targeted therapy, immunotherapy, radiation treatment, etc. for second primary, are not eligible. However, patients not currently receiving treatment are eligible, including patients who have been previously treated for another cancer. Patients are not considered to have a “currently active” malignancy if they have completed therapy and are free of disease for \geq 2 years.
7. Patients with known metastatic disease who are undergoing palliative resection are not eligible.

8. Patients with psychiatric illness or other mental impairment that would preclude their ability to give informed consent or to participate in the prehabilitation program are not eligible.
9. Patients must be able to speak and complete questionnaires in English.