FAST FACTS

A211901 - REACHING RURAL CANCER SURVIVORS WHO SMOKE USING TEXT-BASED CESSATION INTERVENTIONS

Eligibility Criteria
1. Have a cancer diagnosis within the past 10 years, and can currently be receiving curative treatment.
2. Not currently on hospice
3. Currently smokes ≥ 5 cigarettes daily
   Note: Participants who vape are eligible.
4. Lives in a nonmetro/rural county (defined as having a Rural Urban Continuum Code (RUCC) code of 4-9)[39]. The RUCC code can be checked at: [https://www.ruralhealthinfo.org/am-i-rural](https://www.ruralhealthinfo.org/am-i-rural).
5. Patient interested in participating in a smoking cessation program, and not currently participating in a smoking cessation clinical trial
6. Not currently using any smoking cessation pharmacotherapy (e.g., Nicotine Replacement Therapy, bupropion or varenicline), or currently participating in any cessation program at the time of enrollment.
7. Patient has a cell phone or smart phone device with texting ability
8. **Language:** In order to complete the mandatory patient-completed measures, participants must be able to speak and read English.
9. Age ≥ 18 years
10. Participant must be willing to provide a urine sample.
11. Patients with impaired decision-making capacity are not eligible for this study.

**Schema**

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  R A N D O M I Z E

  Intervention Group
  8-week Scheduled Gradual Reduction (SGR)*
  NCI's Smokefree.TXT**

  Smoking Cessation assessment at 6-months post-quit date

  Control Group**
  NCI's Clearing The Air booklet
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